

lars palm
östergötland (a found poem)

ungovernable press
2008

at
ruins &
rune stones &

fall in love
with the
blue

cornflowers,
a common
sight in medieval

östergötland can be
enjoyed when
visiting

the
4 tonne
slab of stone.

the shadow of
louis de
geer

can
still be
seen in norrköping

as a statue.
the hall
now

rocks
& sways
just beyond the

city. magical forests
offering quiet
solitude.

a
stroll along
towpaths. tales from

the local fishermen.
a few
words

with
the nuns.
& watch the

monkeys play with
a landscape
so

steeped
in history.
aviation buffs &

those interested. don't
be fooled
by

the
yawning tiger.
really quite extraordinary

savannah, steppe, icebergs
forests &
deep

seas
roaming the
forests. so many

animals birds &
other exotic
creatures.

he
is the
strongest bear in

the whole wide
world. chance
to

dive
among the
sharks. navigate yourself.

the canal is
not just
water.

a
very curious
& hungry hedgehog.

whilst sitting beside
the tar-smelling
lock.

many
opportunities to
step back in

time or the
right of
public

access.
with their
thousands of islands

& rocky islets.
why not
hire

a
canoe &
gently float through

this famous &
beautiful? lapping
waves

against
the side
while the warm

sun gently relaxes
the archipelago
ready

for
these islands
once home to

smoked fish. visit
with trees
dating

back
to ravines
that seem streams

& orchids that
wander through
the

countryside
& visit
the many strawberry

fields. sun-drenched fruit
freshly picked
by

you
can be
better bird lakes

scrambling for space.
in the
dense

reeds
on the
shore lies the

famous meadow with
its lime
&

the
ravine through
giant ferns. an

unusual experience. the
deep caves
are

home
to trolls
& fairies. &

behold the vast
church spires
lying

at
the foot
of the mountain.

behind every bend
in the
road

the
visitor is
met with bird

watchers. for some
hikers get
an

adrenalin
kick. it
will seem like

a stroll in
the park.
deep

forests
are rich.
seas & archipelago

provide & many
farms &
local

shops
alike sell
smoked

game
sausage great
for families. products

have been around
for years. rune
beer

standing
proud on
a rock on

the shore of
östergötland's tourist
offices

the source for this poem is *Östergötland – East Sweden 2006*, a tourist brochure from which i have extracted the poem. the form of which, the hay(na)ku, was inaugurated by **Eileen R Tabios** on june 12, 2003